# **MEASURING & FIT GUIDE**

SHORTS, TROUSERS, COVERALL & OVERALLS											
REGULAR SIZES	72R	77R	82R	87R	92R	97R	102R	107R	112R	117R	
IMPERIAL SIZE	2	3	4	5	6	7	8	9	10	11	
TO FIT WAIST (cm)	72	77	82	87	92	97	102	107	112	117	
TO FIT WAIST (inches)	28	30	32	34	36	38	40	42	44	46	
TO FIT CHEST (cm)	82	87	92	97	102	107	112	117	122	127	
TO FIT INLEG (cm)	71	74	77	79	82	83	84	87	87	87	
STOUTS SIZES	82\$	87S	928	97\$	1028	107\$	1128	117\$	122\$	127\$	1328
IMPERIAL SIZE	21/4	31/4	41/4	51/4	61/4	71/4	81/4	91/4	101/4	111/4	121/4
TO FIT WAIST (cm)	82	87	92	97	102	107	112	117	122	127	132
TO FIT WAIST (inches)	32	34	36	38	40	42	44	46	48	50	52
TO FIT CHEST (cm)	92	97	102	107	112	117	122	127	132	137	142
TO FIT INLEG (cm)		69	71	74	76	79	79	81	81	81	81
LONGS SIZES	74L	79L	84L	89L	94L						
IMPERIAL SIZE	31/2	41/2	51/2	61/2	71/2						
TO FIT WAIST (cm)	74	79	84	89	94						
TO FIT WAIST (inches)	29	31	33	35	37						
TO FIT CHEST (cm)	87	92	97	102	107						
TO FIT INLEG (cm)	77	80	83	85	88						
SHIRTS, KNITWEAR, JACKETS											
SIZE	2XS	XS	8	М	L	XL	2XL	3XL	4XL	5XL	6XL
WOMEN'S CONVERSION	6	8	10	12	14	16	18	20	22	24	
TO FIT NECK (cm)	32/33	34/35	36/37	38/39	41/42	43/44	45/46	48/49	50/51	52/53	55/56
TO FIT CHEST (cm)	82	87	92	97	102	107	112	117	122	127	132
WS WORKWEAR RECOMMENDS	80-85	85-92	90-94	95-99	100-104	105-109	110-114	115-119	120-124	124-129	130-134
WOMEN'S SHIRT & TROUSERS											
SIZE	6	8	10	12	14	16	18	20	22	24	
TO FIT NECK (cm)	35	36	37	38	39	41	42	43	44	45	
TO FIT BUST (cm)	82	87	92	97	102	107	112	117	122	127	
TO FIT WAIST (cm)	67	75	77	82	87	92	97	102	107	112	
TO FIT HIPS (cm)	87	93	98	103	108	113	118	123	128	133	
TO FIT INLEG (cm)	74	76	78	80	80	82	82	84	84	84	



Measure around your neck where the collar sits, allowing two fingers behind tape measure for comfort.

#### CHEST/BUST:

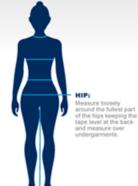
Measure straight and around the fullest part of your chest or bust. Ensuring tape is kept level and straight across the back.

# WAIST:

Measure around natural waist line. This is where your pants sit and measure over under garments and not over pant waistband. Keep tape level yet not too tight against skin.

#### INLEG:

Measure inside leg from the crotch seam to the heel of the



# FOR A COMFORTABLE FIT

It is important to measure correctly

## WHEN MEASURING

Make sure the tape measure is level and not tight

# **SPECIAL** NOTES

## **FOR TROUSERS**

Use only waist and inside leg measurements to

#### FOR SHIRT CHEST

### **FOR JACKETS**

THIS GUIDE FOLLOWS THE AUSTRALIAN BODY SIZING MEASUREMENTS RECOMMENDATION. THESE ARE NOT GARMENT MEASUREMENTS (WITH THE EXCEPTION TO FIT WAIST FOR SHORT/PANTS)